MELTED CHEESE AND PASTA A.K.A. MAC AND CHEESE







Preparation time: 15 minutes



Ingredients

1 lb (450 g) fresh plum tomatoes

6 cups (1.5 l) broccoli florets

2 Tbsp (30 ml) extra-virgin olive oil

1 lb (450 g) dried penne pasta

3 Tbsp (45 ml) unsalted butter

3 Tbsp (45 ml) all-purpose flour

4 cups (1 l) 2% milk

2_{1/3} cups (575 ml) grated aged asiago cheese

2½ cups (625 ml) grated aged cheddar cheese

1½ tsp (7 ml) fine sea salt

2 tsp (10 ml) freshly ground pepper

Preparation

- 1. Preheat the oven to 400°F (200°C) and line a baking sheet with parchment paper.
- 2. Cut the tomatoes into ¼-inch-thick (6 mm) slices.
- 3. In a large bowl, toss the tomatoes and broccoli with the olive oil. Transfer them to the prepared baking sheet, and roast for 30 minutes.
- 4. Meanwhile, in a medium pot, bring 8 cups (2 l) of salted water to a boil over high heat. Cook the pasta, stirring occasionally, for 8 to 10 minutes or until al dente. Remove the pasta from the heat, drain, and set aside in the pot until needed.
- 5. Whisk together the butter and flour in a large pot over medium high heat for 2 minutes or until it forms a thick paste (a roux). Add the milk, and whisk vigorously for 3 minutes or until the mixture thickens and bubbles. Remove from the heat.
- 6. Whisk the cheeses, salt, pepper, and thyme into the pot. Stir in the cooked pasta and roasted broccoli, and transfer into a 9- \times 13-inch (23 \times 33 cm) baking dish. Top with the roasted tomatoes, and bake for 30 minutes or until golden brown on top.
- 7. Serve immediately.